

Overview of Support Stocking Aids



Difficulty pulling the compression stocking up or down?



Difficulty reaching the toes?

simple aids



● Gloves

● Anti-slip mat



● Easy-Slide

● Easy-Off

Open toe

Closed toe



● Doff 'n Donner

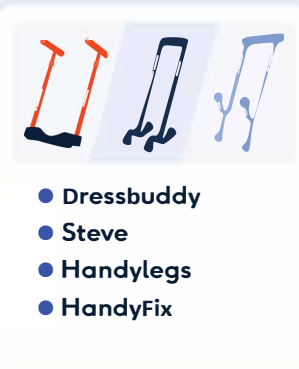
● Dressbuddy

● Steve

● Handylegs

● HandyFix

Not recommended for heart problems and/or thrombosis.



● Dressbuddy

● Steve

● Handylegs

● HandyFix

complex aids



● Compression stocking gun

● Ort.O.Mate

● HelpSoq

Taking off

Taking on



● Ort.O.Mate

Taking off

Grip enhancing

These aids provide better grip on the compression stocking.

Resistance reducing

These aids help the compression stocking glide over the leg.

Arm extending

These aids help in reaching the toes. Combining with a sliding sock makes it even easier.

Electric aids

These tools electrically stretch the compression stocking, requiring little effort to put on or off the stocking.



Scan the QR code for instructional videos on the aids



Aids for putting on and taking off compression stockings

About the overview of aids

Are you getting compression stockings? This overview shows which aids are available to help put on and take off compression stockings. The aids are arranged from simple to complex. The products mentioned in this overview are examples. More products can be found in each category.

Professional advice from the occupational therapist

An occupational therapist is the healthcare professional who will help you choose the aid that best suits you and request it. If you can put on and take off your compression stockings independently using the aid, the aid will be reimbursed by your health insurer. The consultation with the occupational therapist is also reimbursed by the health insurer (up to a maximum of 10 hours per year). Several conditions apply to both reimbursements. Your health insurer can tell you more about these.

Purchasing Independently

If you find an aid you want to purchase independently, keep in mind that it won't be reimbursed. Always ask the seller about opportunities to practice with the aid.

Help from another person

Would you like help practicing with the aid? Ask someone close to you to be your practice partner.



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